

August 19, 2022

OVERVIEW

These guidelines have been developed by the Healthy Church Plan Team to ensure that Baylake UMC operates safely in the current endemic environment related to various COVID-19 variants. The guidelines presented below serve as revisions to our Stage 2.2 Guidelines and will be effective as of August 19, 2022.

GENERAL

This guidance is based on the CDC guidelines in conjunction with utilizing updated tools for assessing the COVID-19 risk levels, LOW, MEDIUM, HIGH for the City of Virginia Beach. All decisions about implementing these strategies (e.g., alteration or reduction of services, event cancellations, other social distancing measures) will be made locally, in collaboration with local health officials who can help determine the level of transmission in the community.

HEALTHY CHURCH PLAN TEAM MEMBERS: The team members include Clark Cundiff (Pastor), Jan Taylor (Leadership Council Chair), Robert Howard (Lay Leader), Howie Tant (Leadership Council) and Wendy Howard (Communications & Technology Chair). The team will continue to monitor and revise the guidelines as we move through the phases and new information is available.

CDC GUIDELINES:

Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area.

Low

- Stay <u>up to date</u> with COVID-19 vaccines
- Get tested if you have symptoms

Medium

- If you are <u>at high risk for severe</u>
 <u>illness</u>, talk to your healthcare
 provider about whether you need
 to wear a mask and take other
 precautions
- Stay <u>up to date</u> with COVID-19 vaccines
- Get tested if you have symptoms

High

- Wear a <u>mask</u> indoors in public
- Stay <u>up to date</u> with COVID-19 vaccines
- Get tested if you have symptoms
- Additional precautions may be needed for people <u>at high risk for</u> severe illness

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.

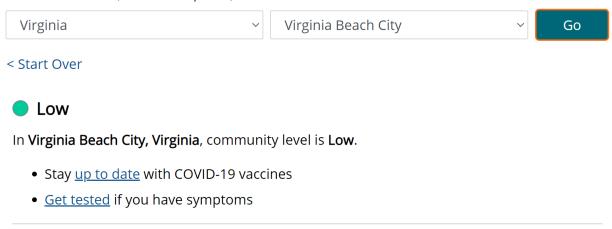
Using the "Know Your COVID-19 Community Level" Tool, as of August 18, 2022, the Community Level is Low. When the risk is LOW, no in-door mitigation – wearing of masks or social distancing – is required. If an individual assesses themselves to be high risk or vulnerable to the virus, we encourage individual decision making for what is best for an individual. We do ask that if you feel sick, please stay home.



COVID-19 County Check

Find community levels and prevention steps by county. Data updated weekly.

Select a Location (all fields required)



People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.

If you are immunocompromised, learn more about how to protect yourself.

Find out more about the COVID-19 situation in **Virginia Beach City, Virginia** with <u>COVID-</u>19 Data Tracker.

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